

# 7x7 Football Passing League

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## Athletika Sports and Fitness

Our 7x7 passing league is a 4 week program for youth league teams (5-8th grades) to develop passing fundamentals and compete in a learning and teaching environment.

**WHO:** Team of no less than 8 players going into their 5th through 8th grade in the upcoming fall school year. Two divisions will be formed.

JV (5th and 6th grades) and Varsity (7th and 8th grades)

**FORMAT:** Teams must utilize standard football formations on offense (2 Receivers on the line, 3 receivers off the line, 1 center (not eligible), and QB. Defensive formations include 7 total players.

**TEAM FEE:** \$400 per team (includes t-shirt). Coaches to referee all games.

**LOCATION:** Bentley practice Fields

**DATES:** 4 Weeks- June 4, 11, 18, and 25

**TIMES:** Evenings (dependent on the number of teams)

**GAME FORMAT:** Games will consist of two 20 minute halves, running clock, and 5 minute halftime. Teams will play 2 games per week. Field will be 40 yards long and 53 yards wide.

One first down can be made by achieving the ball past the 20 yard marker. No running plays allowed. Ball must be thrown forward (receiver may receive ball behind the line, but ball must travel forward). Teams will possess the ball the entire half. Possession based on coaches coin flip.

*Teams are responsible for their own practice time.*

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**[www.athletikasports.com](http://www.athletikasports.com)**

